HEALTH AND WELLBEING STRATEGY: PERFORMANCE REPORT

Relevant Board Member(s)	Councillor Ray Puddifoot MBE Councillor Philip Corthorne
Organisation	London Borough of Hillingdon
Report author	Kevin Byrne, Policy and Partnerships
Papers with report	Appendix A - Health and Wellbeing Delivery Plan progress update Appendix B - Latest Indicator Scorecard

HEADLINE INFORMATION

Summary	This report provides an update on progress against Hillingdon's Joint Health and Wellbeing Strategy Delivery Plan objectives (Appendix A). It also sets out the outcome metrics (Appendix B)
Contribution to plans and strategies	Hillingdon's Joint Health and Wellbeing Strategy is a statutory requirement of the Health and Social Care Act 2012.
Financial Cost	There are no direct financial implications arising directly from this report.
Ward(s) affected	All

RECOMMENDATIONS

That the Health and Wellbeing Board:

- 1. notes the updates in the report and delivery plan (Appendix A); and
- 2. notes the outcome performance indicators in the quarterly dashboard (Appendix B).

INFORMATION

Supporting Information

Hillingdon's Health and Wellbeing Strategy was agreed by the Board in December 2014 and regular updates requested from partners setting out progress in delivery.

Four broad priority areas were identified though the Joint Strategic Needs Assessment (JSNA). A more detailed delivery plan and a scorecard of performance indicators was agreed to monitor progress against the Strategy.

Some of the key highlights (note: this does not include all BCF progress or CAMHS progress - see separate reports to the Board) from the Delivery Plan under each of the priority areas are detailed below:

1. Priority one: Improving Health and Wellbeing and reducing inequalities

- 1.1 **Deliver a mental wellness and resilience programme.** The Time to Change Event in Uxbridge Town Centre on 4 September saw 540 conversations held between volunteers and service users and members of the public. The event was held in collaboration with Hillingdon Mind, CNWL, Rethink and National Time to Change.
- 1.2 **Antenatal assessments within 13 weeks**. Despite a slight dip during Q1 2014-15, women completing their antenatal assessments within 13 weeks has increased from 85.4% to 94.7% at end Q2 2014-15. This is above the London total and slightly below the England total.
- 1.3 **Reducing obesity.** The Back to Sport programme is aimed at encouraging adults to participate in playing sport again or for the first time in an informal and fun way. It aims to generate sustainable changes in lifestyle with a variety of things on offer such as Badminton, Cycling, Fencing, Golf, Jog it off, Hockey, Netball, Swimming and Tennis. 'On Your Marks' is a programme run in partnership with Brentford FC and DASH where a variety of sessions including swimming and multi sports are delivered for people with disabilities. Within the last year, over 100 people aged 14 + have engaged in activity.
- 1.4 **Air Quality**. The GLA is putting in place a London specific local air quality management regime. Guidance from the GLA in terms of how to approach the review of the action plan will be published in early 2016.

2. Priority 2 - Prevention and early intervention

- 2.1 **Alcohol specific hospital admissions under 18's**. This has shown a steady decline locally with the number per 100,000 of under 18s admitted, falling from 46.9 in 2010/11-2012/13 to 41.9 in 2011/12 to 2013/14. This is, however, significantly higher than the rest of London but roughly in line with the rest of England.
- 2.2 **Dementia Friendly Borough**. The second meeting of the Dementia Action Alliance took place at the beginning of November which included a showcase of singing, poetry and arts and crafts by people with dementia and some case studies of how people living with dementia continue to live active and fulfilling lives. Ten 'Walk Hillingdon' leaders have now received Dementia Friends training and in September 2015 a further 60 hospital staff became dementia friends including nurses, physiotherapists, occupational therapists and healthcare assistants.
- 2.3 **Reduce Excess Winter Deaths.** There are a number of activities that aim to reduce excess winter deaths in the Borough. These include providing flu immunisation to people at risk; screening for Chronic Obstructive Pulmonary Disease as part of smoking cessation project to identify smokers at high risk; monitoring Inferior Wall Myocardial Infarction over Coronary Heart Disease; and the Age UK Hillingdon 'Getting ready for Winter' campaign. The Council also continues to provide the Heater Loan Service for homeowners over 65 whose heating breaks down.
- 2.4 Rapid response and joined up Intermediate Care. In Q1 and Q2, the Rapid Response Team received 1,866 referrals, of which 44% were linked to falls, 10% resulting from issues with reduced mobility, 6% relating to back pain and the remainder from issues ranging from urinary tract infection (UTI) to chest pain. Of the 549 discharged home, 57% (310) were discharged with no further assistance required.

3. <u>Priority 3 - Developing integrated, high quality social care and health services within the community or at home</u>

- 3.1 **Home adaptations**. In Q2, 56 people aged 60 and over were assisted to stay in their own homes through the provision of disabled facilities grants (DFGs), which represented 44% of the grants provided. 73% (41) of the people receiving DFGs were owner occupiers, 22% (12) were housing association tenants, 5% (3) were private tenants. The total DFG spend on older people during Q2 was £241k, which represented 37% of the total spend (£655k) in Q2.
- 3.2 Review and realignment of community services to emerging GP networks. The multidisciplinary team (MDT) approach was extended to GP networks in the south of the Borough in Q2 after being successfully rolled out across practices in the north in Q1. The three networks in the south of the Borough are receiving support to ensure that the maximum benefit can be achieved from the use of the MDT process.
- 3.3 **TeleCareLine**. As at the end of September 2015, 4,501 service users (3,941 households) were in receipt of a TeleCareLine equipment service, of which 3,416 people (3,219 households) were aged 80 years or older. Between 1st July to 30th September 2015 there have been 336 new service users joining the TeleCareLine Service.
- 3.4 **Carers Strategy**. Task and finish groups have been set up to deliver actions in the delivery plan which includes a review of information available to carers across key stakeholders, a communications campaign to raise awareness of the caring role and a Carers Recognition Scheme for the Borough. The first Carers Assembly for Hillingdon took place on the 12 November 2105 with 22 carers attending. The event was positively received with useful feedback on how future Assemblies could be run.
- 3.5 **SEND reforms**. Hillingdon's local offer, which was published in September on www.hillingdon.gov.uk/send, provides information on what services children and young people with special educational needs and disabilities and their families can expect from a range of agencies including education, health and social care. The Local Offer was formally launched on 4 November 2015 in the Middlesex Suite alongside the DisabledGo Project. Marketing and promotional materials have been produced to be distributed across a wide range of public venues and services throughout Hillingdon to promote the ongoing engagement of residents and service providers in the development of the Local Offer.

4. Priority 4 - A positive experience of care

- 4.1 **Children and Young People and families**. Work with 'Headliners' resulted in a film being produced with children, young people and their families. Following the initial screening and workshop, a small group has met to undertake the development of the new approaches which will enable children and young people to participate in the development of a range of initiatives including:
 - All-age Disability Register
 - Disability Register incentive scheme
 - Short Break Strategy
 - The Local Offer peer to peer guidance (example below)
 - The DisabledGo Project
 - Project Search

4.2 **Improve social care quality of life of carers**. The Council will undertake a survey in Q4 2015/16 to test improvements against the results of the 2014 Carers Survey. This will provide an opportunity to ask additional questions suggested by partners such as Healthwatch Hillingdon.

Financial Implications

There are no direct financial implications arising from the recommendations set out in this report.

EFFECT ON RESIDENTS, SERVICE USERS & COMMUNITIES

What will be the effect of the recommendation?

The update of the action plan for Hillingdon's Joint Health and Wellbeing Strategy supports the Board to see progress being made towards the key priorities for health improvement in the Borough.

Consultation Carried Out or Required

Updates of actions to the plan have involved discussions with partner agencies to provide up to date information.

Policy Overview Committee comments

None at this stage.

CORPORATE IMPLICATIONS

Hillingdon Council Corporate Finance comments

Corporate Finance has reviewed this report and can confirm there are no financial implications arising from the recommendations in the report.

Hillingdon Council Legal comments

The Borough Solicitor confirms that there are no specific legal implications arising from this report.

BACKGROUND PAPERS

NIL.